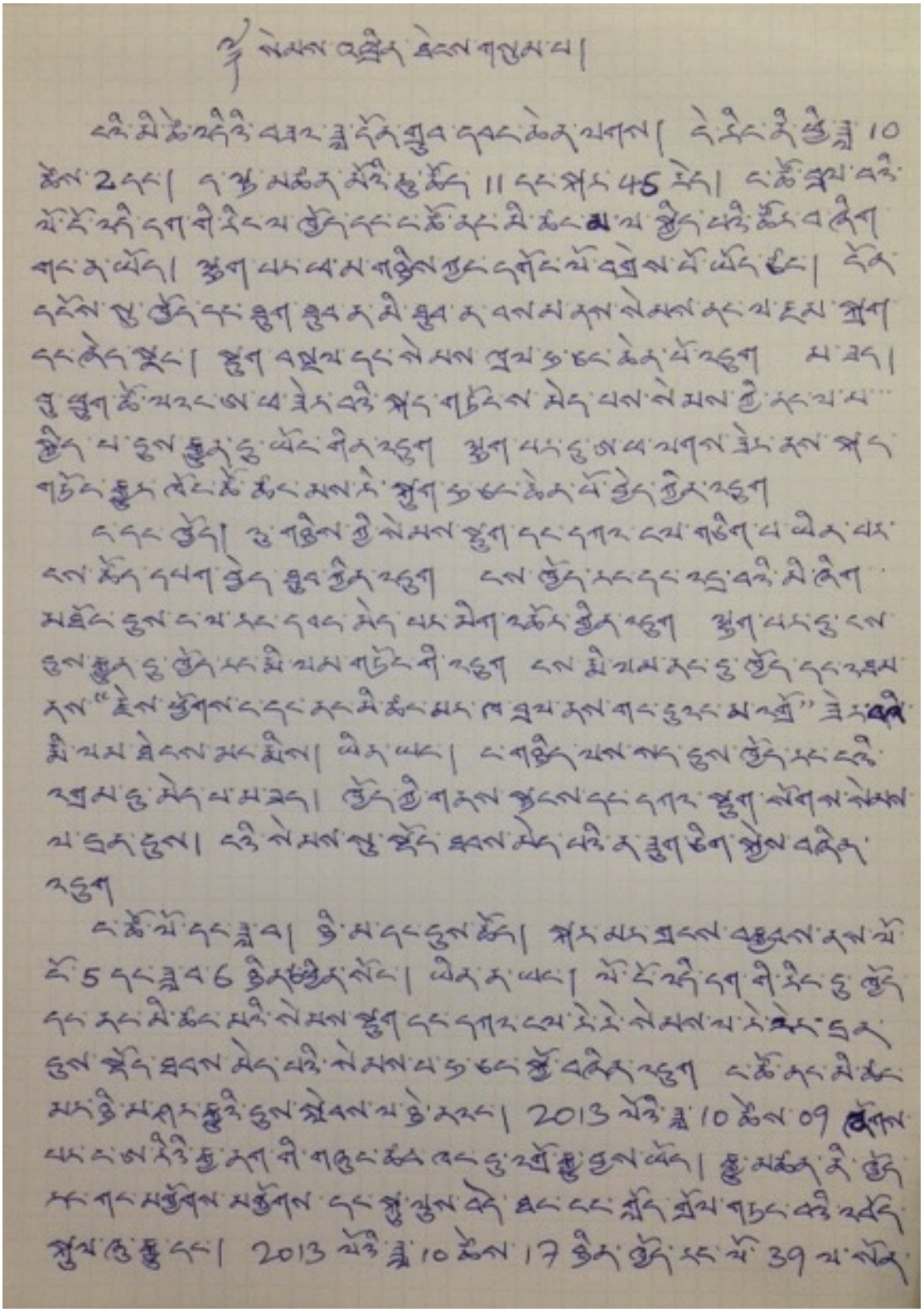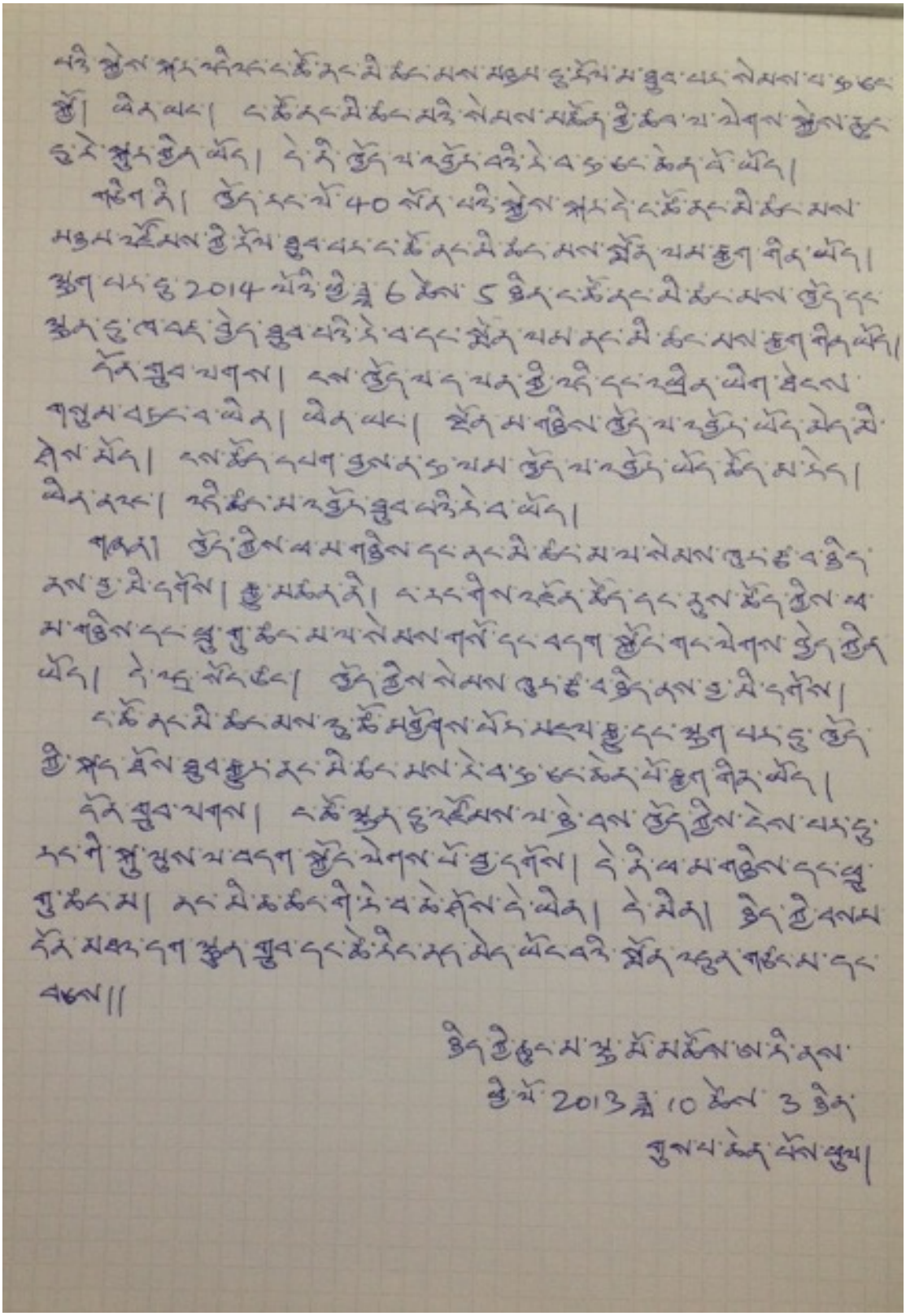Letter of Lhamo Tso, wife of Dhondup Wangchen